

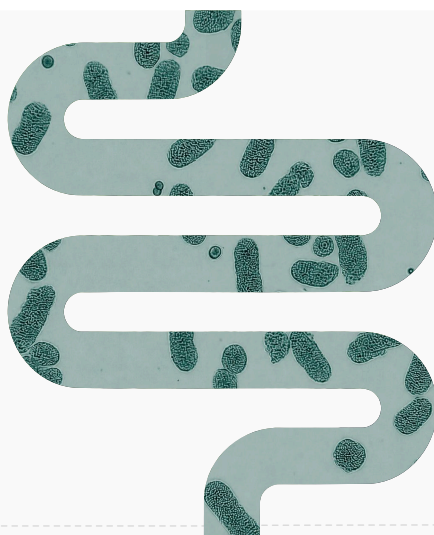


# Why test your gut

Because when we don't measure it, we're guessing.  
Testing helps your practitioner understand what may be driving your symptoms and what to do next.



## Ongoing symptoms



FOOD INTOLERANCES

BLOATING

ABDOMINAL PAIN

BOWEL CHANGES

LOW MOOD

DIGESTIVE ISSUES

CONSTIPATION

BRAIN FOG

FATIGUE

SKIN IRRITATIONS

HEAVY PERIODS/PMS

LOWER IMMUNITY

### Without testing

Trial-and-error treatment

Symptom management only

Recurrence of symptoms

Ongoing uncertainty

### Still Guessing

#### When symptoms persist

Something may be being missed.  
Testing helps uncover it.

### What testing can reveal

Identify gut imbalances

Detect inflammation

Detect pathogens

Assess digestion & absorption

### Clear picture

Identify what's driving symptoms

Care guided by your results

Clear next steps

## From sample to personalised plan



001

### Collect

At-home stool sample



002

### Test

Analysed in accredited laboratories.



003

### Review

Practitioner explains your report



004

### Act

Personalised treatment plan

Learn more about Microba microbiome testing by speaking with your practitioner  
[microba.com](https://microba.com)